Contacts:

Priest in Charge: Rev. Paul Frostick 2014 218126 / 07713 243427 email: paul.frostick@sky.com

Churchwardens: Hooe: Jack Rist \$\$892576 Janet Pattisson \$\$845087 Ninfield: Catriona Owen \$\$225421 after 4.00p.m.

PRAYERS & INTENTIONS

Pray daily for peace and all those who suffer from illness especially Linda Bligh, Cass Chapman, Nick Crawshaw and Janet Pattisson.

RIP: Don Driver whose funeral is on 26th July at 2.00p.m. at St Mary's, Ninfield.

This week we pray for all the residents of Crouch Lane, Ninfield, Hooe Road, Hooe and the Ninfield Village Society.

In the CTiB cycle of prayer we pray for St Mary Magdalene Church, Bexhill, Simon Dray and Simon Kirkdale .

> St Oswald's collect for the Food Bank on the First Sunday of the month

Any items for the Weekly Sheet to Nicki Murphy at nickimurphy3@ sky.com by Vednesday 6p.m. please. Any items for the Nicki Sheet to Nicki Murphy at Nicki Murphy at sky.com by Nicki All please. PRAYER Living God, we know th into the hea peace, end fulfilment. S with reques but asking s you and inc focus above righteousne delight to gi

PRAYER Living God, you know our needs better than we know them ourselves, you alone seeing into the heart and being able to offer real peace, enduring happiness and true fulfilment. So we come, not to besiege you with requests or plague you with demands, but asking simply that you will work within us as you deem best, drawing us closer to you and increasing our faith. Help us to focus above all on your kingdom and your righteousness, in the knowledge that you delight to give all we need and so much more, through Jesus Christ our Lord. Amen



A warm welcome to everyone, especially any visitors.

If you are new to our Churches please introduce yourselves to the sides people on duty. If you need help in any way during your time in church please talk to one of the sides people. Please note that both churches are installed with hearing loops to help those

who wear a hearing aid with the T setting.

SERVICES NEXT WEEK

St. Mary's NO SERVICE St. Oswald's Sunday 11.00a.m. ~ Parish Eucharist



He makes me lie down in green pastures. (Psalm 23:2a)

Collect

Almighty Lord and everlasting God, we beseech you to direct, sanctify and govern both our hearts and bodies in the ways of your laws and the works of your commandments; that through your most mighty protection, both here and ever, we may be preserved in body and soul; through our Lord and Saviour Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

First Reading ~ 2 Samuel 7.1–14a

Now when the king was settled in his house, and the Lord had given him rest from all his enemies around him, the king said to the prophet Nathan, 'See now, I am living in a house of cedar, but the ark of God stays in a tent.' Nathan said to the king, 'Go, do all that you have in mind; for the Lord is with you.' But that same night the word of the Lord came to Nathan: Go and tell my servant David: Thus says the Lord: Are you the one to build me a house to live in? I have not lived in a house since the day I brought up the people of Israel from Egypt to this day, but I have been moving about in a tent and a tabernacle. Wherever I have moved about among all the people of Israel, did I ever speak a word with any of the tribal leaders of Israel, whom I commanded to shepherd my people Israel, saying, 'Why have you not built me a house of cedar?' Now therefore thus you shall say to my servant David: Thus says the Lord of hosts: I took you from the pasture, from following the sheep to be prince over my people Israel; and I have been with you wherever you went, and have cut off all your enemies from before you; and I will make for you a great name, like the name of the great ones of the earth. And I will appoint a place for my people Israel and will plant them, so that they may live in their own place, and be disturbed no more; and evildoers shall afflict them no more, as formerly, from the time that I appointed judges over my people Israel; and I will give you rest from all your enemies. Moreover, the Lord declares to you that the Lord will make you a house. When your days are fulfilled and you lie down with your ancestors, I will raise up your offspring after you, who shall come forth from your body, and I will establish his kingdom. He shall build a house for my name, and I will establish the throne of his kingdom for ever. I will be a father to him, and he shall be a son to me. When he commits iniquity, I will punish him with a rod such as mortals use, with blows inflicted by human beings.

Second Reading ~ Ephesians 2.11–end

So then, remember that at one time you Gentiles by birth, called 'the uncircumcision' by those who are called 'the circumcision'-a physical circumcision made in the flesh by human hands-remember that you were at that time without Christ, being aliens from the commonwealth of Israel, and strangers to the covenants of promise, having no hope and without God in the world. But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. For he is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us. He has abolished the law with its commandments and ordinances, so that he might create in himself one new humanity in place of the two, thus making peace, and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it. So he came and proclaimed peace to you who were far off and peace to those who were near; for through him both of us have access in one Spirit to the Father. So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. In him the whole structure is joined together and grows into a holy temple in the Lord; in whom you also are built together spiritually into a dwelling-place for God.

Gospel Reading ~ Mark 6.30–34, 53–end

The apostles gathered around Jesus and told him all that they had done and taught. He said to them, 'Come away to a deserted place all by yourselves and rest a while.' For many were coming and going, and they had no leisure even to eat. And they went away in the boat to a deserted place by themselves. Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things. When they had crossed over, they came to land at Gennesaret and moored the boat. When they got out of the boat, people at once recognized him, and rushed about that whole region and began to bring the sick on mats to wherever they heard he was. And wherever he went, into villages or cities or farms, they laid the sick in the market-places, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.