Contacts:

Priest in Charge: Rev. Paul Frostick 2014 218126 / 07713 243427 email: paul.frostick@sky.com

Churchwardens:Hooe :Jack Rist2892576Janet Pattisson2845087Ninfield:Catriona Owen225421after 4.00p.m.

PRAYERS & INTENTIONS

Pray daily for peace and all those who suffer from illness especially Linda Bligh, Cass Chapman and Nick Crawshaw.

> This week we pray for all the residents of Downsview, Ninfield, Straight Lane, Hooe and the Explorers, Scouts, Cubs and Beavers.

In the CTiB cycle of prayer we pray for St Martha's Church, Little Common, Simon Dray and Simon Kirkdale

St Oswald's collect for the Foodbank on the first Sunday of the month

PRAYER

David Adam

Any items for the Weekly Sheet to Nicki Murphy at nickimurphy3@ sky.com by Wednesday 6p.m. please.

We rejoice that your Church is for all people in all times and in all places. No one who comes to you is cast out. May we seek to make your Church open and welcoming to all. We ask your blessing upon all who are involved **in** the outreach and mission of the church. We remember especially those who seek to proclaim your love by word and example. We pray for all who have not heard of you and your saving grace. God, ever with us, be our strength and our Saviour. **Amen.**



A warm welcome to everyone, especially any visitors. If you are new to our Churches please introduce yourselves to the sides people on duty. If you need help in any way during your time in church please talk to one of the sides people. Please note that both churches are installed with hearing loops to help those who wear a hearing aid with the T setting.

SERVICES NEXT WEEK

St. Mary's

Sunday 9.30a.m. ~ Family Eucharist St. Oswald's Sunday 11.00a.m. ~ Parish Eucharist



You shall love your neighbour as yourself. (James 2:8)

Collect

God, who in generous mercy sent the Holy Spirit upon your Church in the burning fire of your love: grant that your people may be fervent in the fellowship of the gospel that, always abiding in you, they may be found steadfast in faith and active in service; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

First Reading ~ Proverbs 22.1–2, 8–9, 22–23

A good name is to be chosen rather than great riches, and favour is better than silver or gold. The rich and the poor have this in common: the Lord is the maker of them all. Whoever sows injustice will reap calamity, and the rod of anger will fail. Those who are generous are blessed, for they share their bread with the poor. Do not rob the poor because they are poor, or crush the afflicted at the gate; for the Lord pleads their cause and despoils of life those who despoil them.

Second Reading ~ James 2.1-10 [11-13] 14-17

My brothers and sisters, do you with your acts of favouritism really believe in our glorious Lord Jesus Christ? For if a person with gold rings and in fine clothes comes into your assembly, and if a poor person in dirty clothes also comes in, and if you take notice of the one wearing the fine clothes and say, 'Have a seat here, please', while to the one who is poor you say, 'Stand there', or, 'Sit at my feet', have you not made distinctions among yourselves, and become judges with evil thoughts? Listen, my beloved brothers and sisters. Has not God chosen the poor in the world to be rich in faith and to be heirs of the kingdom that he has promised to those who love him? But you have dishonoured the poor. Is it not the rich who oppress you? Is it not they who drag you into court? Is it not they who blaspheme the excellent name that was invoked over you? You do well if you really fulfil the royal law according to the scripture, 'You shall love your neighbour as yourself.' But if you show partiality, you commit sin and are convicted by the law as transgressors. For whoever keeps the whole law but fails in one point has become accountable for all of it. [For the one who said 'You shall no commit adultery', also said 'You

shall not murder.' Now if you do not commit adultery but if you murder, you have become a transgressor of the law. So speak and so act as those who are to be judged by the law of liberty. For judgement will be without mercy to anyone who has shown no mercy; mercy triumphs over judgement.] What good is it, my brothers and sisters, if you say you have faith but do not have works? Can faith save you? If a brother or sister is naked and lacks daily food, and one of you says to them, 'Go in peace; keep warm and eat your fill', and yet you do not supply their bodily needs, what is the good of that? So faith by itself, if it has no works, is dead.

Gospel Reading ~ .Mark 7.24-end

From there he set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophoenician origin. She begged him to cast the demon out of her daughter. He said to her, 'Let the children be fed first, for it is not fair to take the children's food and throw it to the dogs.' But she answered him, 'Sir, even the dogs under the table eat the children's crumbs.' Then he said to her, 'For saying that, you may go-the demon has left your daughter.' So she went home, found the child lying on the bed, and the demon gone. Then he returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. Then looking up to heaven, he sighed and said to him, '

Ephphatha', that is, 'Be opened.' And immediately his ears were opened, his tongue was released, and he spoke plainly. Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. They were astounded beyond measure, saying, 'He has done everything well; he even makes the deaf to hear and the mute to speak.'