#### Contacts

**Priest in Charge:** Paul Frostick 01424 218126 / 07713 243427

email: paul.frostick@sky.com

Churchwardens: Hooe: Jack Rist 01424 892576 Nicki Murphy 01424 893867

Ninfield: Catriona Owen 01424 225421 after 4.00p.m.

#### **PRAYERS & INTENTIONS**

Pray daily for peace and all those who suffer from illness especially
Cass Chapman, Tara Waterhouse, Nina Mutter,
Anne Bourner and Graham Gravitt.

This week we pray for all the residents of Ingrams Green, Ninfield, Denbigh Road, Hooe and Ninfield Methodist Church.

In the CTiB cycle of prayer we pray for God's Green House (Broadoak Chapel) and Paul & Talitha Ishi-Smith.

### PRAYER Nick Fawcett

Any items
for the
Weekly
Sheet
to
Nicki Murphy
at
nickimurphy3
@sky.com
by
Wednesday
6p.m. please.

Lord of all, remind us today that you are a faithful and loving God, a God who hears the cry of your people and answers them in their distress. Though you do not guarantee exemption from pain, sorrow or hardship, teach us that you promise always to give us strength to meet adversity, the inner presence of your Spirit to encourage, comfort, equip and inspire, bringing peace even in turmoil and laughter even through tears.

Help us, then, to trust you whatever life brings, through Jesus Christ our Lord.

Amen.



# THE PARISHES OF St. OSWALD'S HOOE

and



St. MARY'S NINFIELD
WEEKLY SHEET~5th October 2025

www.ninfield.org.uk

#### A warm welcome to everyone, especially any visitors.

If you are new to our Churches please introduce yourselves to the sides people on duty. If you need help in any way during your time in church please talk to one of the sides people.

Please note that both churches are installed with hearing loops to help those who wear a hearing aid with the T setting.

## **SERVICES NEXT WEEK**

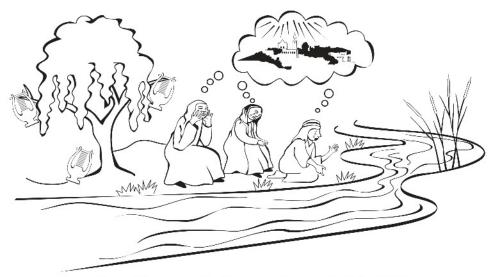
St. Mary's

No Service

St. Oswald's

Sunday 11.00a.m. ~ Joint Parish Eucharist

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How could we sing the Lord's song in a foreign land? (Psalm 137:4)

## **TODAY'S READINGS ~ 16th Sunday after Trinity**

#### Collect

O Lord, we beseech you mercifully to hear the prayers of your people who call upon you; and grant that they may both perceive and know what things they ought to do and also may have grace and power faithfully to fulfil them; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

# First Reading ~ Lamentations 1.1-6

How lonely sits the city that once was full of people! How like a widow she has become, she that was great among the nations! She that was a princess among the provinces has become a vassal. She weeps bitterly in the night, with tears on her cheeks; among all her lovers she has no one to comfort her; all her friends have dealt treacherously with her, they have become her enemies. Judah has gone into exile with suffering and hard servitude; she lives now among the nations and finds no resting-place; her pursuers have all overtaken her in the midst of her distress. The roads to Zion mourn, for no one comes to the festivals; all her gates are desolate, her priests groan; her young girls grieve and her lot is bitter. Her foes have become the masters, her enemies prosper, because the Lord has made her suffer for the multitude of her transgressions; her children have gone away, captives before the foe. From daughter Zion has departed all her majesty. Her princes have become like stags that find no pasture; they fled without strength before the pursuer.

## Second Reading ~ 2 Timothy 1.1-14

Paul, an apostle of Christ Jesus by the will of God, for the sake of the promise of life that is in Christ Jesus, To Timothy, my beloved child: Grace, mercy, and peace from God the Father and Christ Jesus our Lord. I am grateful to God—whom I worship with a clear conscience,

as my ancestors did-when I remember you constantly in my prayers night and day. Recalling your tears, I long to see you so that I may be filled with joy. I am reminded of your sincere faith, a faith that lived first in your grandmother Lois and your mother Eunice and now, I am sure, lives in you. For this reason I remind you to rekindle the gift of God that is within you through the laying on of my hands; for God did not give us a spirit of cowardice, but rather a spirit of power and of love and of self-discipline. Do not be ashamed, then, of the testimony about our Lord or of me his prisoner, but join with me in suffering for the gospel. relying on the power of God, who saved us and called us with a holy calling, not according to our works but according to his own purpose and grace. This grace was given to us in Christ Jesus before the ages began, but it has now been revealed through the appearing of our Saviour Christ Jesus, who abolished death and brought life and immortality to light through the gospel. For this gospel I was appointed a herald and an apostle and a teacher and for this reason I suffer as I do. But I am not ashamed, for I know the one in whom I have put my trust, and I am sure that he is able to guard until that day what I have entrusted to him. Hold to the standard of sound teaching that you have heard from me, in the faith and love that are in Christ Jesus. Guard the good treasure entrusted to you, with the help of the Holy Spirit living in us.

# Gospel Reading ~ Luke 17.5-10

The apostles said to the Lord, 'Increase our faith!' The Lord replied, 'If you had faith the size of a mustard seed, you could say to this mulberry tree, "Be uprooted and planted in the sea", and it would obey you. 'Who among you would say to your slave who has just come in from ploughing or tending sheep in the field, "Come here at once and take your place at the table"? Would you not rather say to him, "Prepare supper for me, put on your apron and serve me while I eat and drink; later you may eat and drink"? Do you thank the slave for doing what was commanded? So you also, when you have done all that you were ordered to do, say, "We are worthless slaves; we have done only what we ought to have done!"