#### Contacts:

Priest in Charge: Rev. Paul Frostick 201424 218126 / 07713 243427

email: paul.frostick@sky.com

Churchwardens: Hooe: Jack Rist \$\mathbb{\alpha}892576\$ Janet Pattisson \$\mathbb{\alpha}845087\$

Ninfield: Catriona Owen 225421 after 4.00p.m.

#### **PRAYERS & INTENTIONS**

Pray daily for peace and all those who suffer from illness especially

Donna Morris, Donald Paine, Rebecca Fossett

and Linda Bligh.

This week we pray for the residents of Whydown Road, Ninfield, Green Lane, Hooe and the Hooe Bell Ringers.

In our CTiB cycle of prayer we pray for Little Common Methodists Church and their Minister Crawford Logan.

**N.B.** St Oswald's is collecting for the Foodbank on the first Sunday of each month.

# Any items for the Weekly Sheet to Nicki Murphy

at
nickimurphy3@sky.com
by
Wednesday 6p.m.
please.

#### PRAYER Nick Fawcett

Gracious God, we dare to draw near, not through any merit of our own but trusting in your great mercy – redeemed, renewed and restored through the love of Christ.

Set us free from all that holds us captive; we gladly surrender our lives to your service, to be used as you will. As you have given, so we give back, in the name of Christ.

Amen.



## THE PARISHES OF St OSWALD'S HOOE

and



## St. MARY'S NINFIELD WEEKLY SHEET~ 2nd July 2023

www.ninfield.org.uk

#### A warm welcome to everyone, especially any visitors.

If you are new to our Churches please introduce yourselves to the sides people on duty. If you need help in any way during your time in church please talk to one of the sides people.

Please note that both churches are installed with hearing loops to help those who wear a hearing aid with the T setting.

#### **SERVICES NEXT WEEK**

St. Mary's

Sunday 5.00 p.m. ~ Confirmation

St. Oswald's

No Service

St Oswald's Garden Party - Saturday 8<sup>th</sup> July from 1.00p.m.



Happy are the people . . . who walk, O Lord, in the light of your countenance. (Psalm 89:15)

#### TODAY'S READINGS 4th Sunday after Trinity

#### Collect

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: increase and multiply upon us your mercy; that with you as our ruler and guide we may so pass through things temporal that we lose not our hold on things eternal; grant this, heavenly Father, for our Lord Jesus Christ's sake, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

#### First Reading ~ Genesis 22.1-14

After these things God tested Abraham. He said to him, 'Abraham!' And he said, 'Here I am.' He said, 'Take your son, your only son Isaac, whom you love, and go to the land of Moriah, and offer him there as a burnt-offering on one of the mountains that I shall show you.' So Abraham rose early in the morning, saddled his donkey, and took two of his young men with him, and his son Isaac; he cut the wood for the burnt-offering, and set out and went to the place in the distance that God had shown him. On the third day Abraham looked up and saw the place far away. Then Abraham said to his young men. 'Stay here with the donkey; the boy and I will go over there; we will worship, and then we will come back to you.' Abraham took the wood of the burntoffering and laid it on his son Isaac, and he himself carried the fire and the knife. So the two of them walked on together. Isaac said to his father Abraham, 'Father!' And he said, 'Here I am, my son.' He said, 'The fire and the wood are here, but where is the lamb for a burnt-offering?' Abraham said, 'God himself will provide the lamb for a burnt-offering, my son.' So the two of them walked on together. When they came to the place that God had shown him. Abraham built an altar there and laid the wood in order. He bound his son Isaac, and laid him on the altar, on top of the wood. Then Abraham reached out his hand and took the knife to kill his son. But the angel of the Lord called to him from heaven, and said, 'Abraham, Abraham!' And he said, 'Here I am.' He said, 'Do not lay your hand on the boy or do anything to him; for now I know that you fear God, since you have not withheld your son, your only son, from me.' And Abraham looked up and saw a ram, caught in a thicket by its horns. Abraham went and took the ram and offered it up as a burnt-offering instead of his son. So Abraham called that place 'The Lord will provide' as it is said to this day, 'On the mount of the Lord it shall be provided.'

### Second Reading ~ Romans 6.12-end

Therefore, do not let sin exercise dominion in your mortal bodies, to make you obey their passions. No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness. For sin will have no dominion over you. since you are not under law but under grace. What then? Should we sin because we are not under law but under grace? By no means! Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be to God that you, having once been slaves of sin, have become obedient from the heart to the form of teaching to which you were entrusted, and that you, having been set free from sin, have become slaves of righteousness. I am speaking in human terms because of your natural limitations. For just as you once presented your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification. When you were slaves of sin, you were free in regard to righteousness. So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. But now that you have been freed from sin and enslaved to God, the advantage you get is sanctification. The end is eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

#### Gospel Reading ~ Matthew 10.40-end

'Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. Whoever welcomes a prophet in the name of a prophet will receive a prophet's reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; and whoever gives even a cup of cold water to one of these little ones in the name of a disciple—truly I tell you, none of these will lose their reward.'