Contacts:

Priest in Charge: Rev. Paul Frostick 201424 218126 / 07713 243427

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Churchwardens:Hooe:Jack Rist2892576Janet Pattisson2845087Ninfield:Catriona Owen225421after 4.00p.m.

PRAYERS & INTENTIONS

Pray daily for peace and all those who suffer from illness especially Donna Morris, Donald Paine, Rebecca Fossett and Linda Bligh.

> This week we pray for the residents of Coombe Hill, Ninfield, Mill Lane Gardens, Hooe and the Ninfield Horticultural Society.

In our CTiB cycle of prayer we pray for St Mary Magdalene Church, Bexhill, Simon Dray and Simon Kirkdale.

N.B. St. Oswald's is collecting for the Foodbank on the first Sunday of each month.

Any items for the Weekly Sheet to Nicki Murphy at nickimurphy3@sky.com by Wednesday 6p.m. please.

PRAYER Nick Fawcett

Sovereign God, we bring you our spiritual hunger, our yearning for inner contentment, knowing that you alone can feed our souls, and do so in ways exceeding all our expectations. Come, then, now, and reach out to all gathered here today, filling us with spiritual food – bread of life and living water – so that we may go on our way, nourished, filled, truly satisfied. **Amen.**



A warm welcome to everyone, especially any visitors.

If you are new to our Churches please introduce yourselves to the sides people on duty. If you need help in any way during your time in church please talk to one of the sides people.

Please note that both churches are installed with hearing loops to help those who wear a hearing aid with the T setting.

SERVICES NEXT WEEK

St. Mary's

No Service

St. Oswald's

Sunday 10.30a.m. ~ Joint Parish Eucharist



He had compassion for them and cured their sick. (Matthew 14:14b)

Collect

Almighty God, who sent your Holy Spirit to be the life and light of your Church: open our hearts to the riches of your grace, that we may bring forth the fruit of the Spirit in love and joy and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

First Reading ~ Genesis 32.22–31

The same night he got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. He took them and sent them across the stream, and likewise everything that he had. Jacob was left alone; and a man wrestled with him until daybreak. When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled with him. Then he said, 'Let me go, for the day is breaking.' But Jacob said, 'I will not let you go, unless you bless me.' So he said to him, 'What is your name?' And he said, 'Jacob.' Then the man said, 'You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed.' Then Jacob asked him, 'Please tell me your name.' But he said, 'Why is it that you ask my name?' And there he blessed him. So Jacob called the place Peniel, saying, 'For I have seen God face to face, and yet my life is preserved.' The sun rose upon him as he passed Penuel, limping because of his hip.

Second Reading ~ Romans 9.1–5

I am speaking the truth in Christ—I am not lying; my conscience confirms it by the Holy Spirit—I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed for ever. Amen.

Gospel Reading ~ Matthew 14.13–21

Now when Jesus heard this, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, 'This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.' Jesus said to them, 'They need not go away; you give them something to eat.' They replied, 'We have nothing here but five loaves and two fish.' And he said, 'Bring them here to me.' Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.